

Teaching Space

Every care is taken to ensure all levels have enough teaching space, and to not overload the changing rooms!

Lessons should take place in the area and space that is best suited for them, and there will be times when you want to use the deeper water (or shallower water for skills) and you will switch about. It is important that those teaching are clear in their communication and check if a space is available - and work together to utilise the large pool space available.

Most importantly - groups should not be sharing a small space together and getting crowded in the shallow end. Classes should be sectioned off with a lane rope to avoid children swimming into each other and getting distracted, and there should not be the need for two groups to share the shallow end to flag section based on the timetabling in place. Lanes should be added for this who can swim lengths comfortably and not swimming down the pool into a group of swimmers in another class.

To help this please find below an idea of where levels should be being taught. This is what the timetable is based on. If you are finding you don't have enough space, please begin by considering what space is available and where children should be learning and if there are no adaptations to be made, please let me know asap so I can support.

If the pool is split into two lengthways halves, this is roughly where lessons should be based on what else is being taught:

New Starters and Beginners

Shallow end up to the flags. Jumping in at flags or where suitable for height

Beginner+

Shallow end flag/just past the flag area widthways to the halfway point and back to the wall. Jumping in to full submersion past flags in suitable depth

Improvers

Similar to Beg+ but moving towards middle of the pool. Jumping anywhere past the flags at a safe depth but should be focusing on moving to deeper water

Improver+

Swimming along the wall middle of the pool area towards deeper water. Jumping in deep end flags to deep end.

Swimmers

Same as Improver+ but moving to swim flags to deep end wall then a full length once ready by the wall. Jumping at deep end

Swimmer+ and Advanced 1 and 2

In a separate lane of their own lengthways - this may be in the middle of the pool for Swimmer+ upwards as soon as confident to allow other lessons access to the wall for lower levels