

Oxford Swimming Academy - Paddlers

Starfish 5 and 6

THINGS TO INCLUDE/SONGS	SAFETY
SWIM POSITION	SAFE ENTRY
CUDDLES/PRAISE	SAFE EXIT
BACK KICKING SONG/SWISHING	MMM
SPACESHIPS - TRYING TO FLIP	HOLDING ON
ACTIVE SWIMS	SAFE ENTRY USING WALL
HUMPTY DUMPTY	ROTATION
HUNGRY HIPPOS	JUMP, TURN AND HOLD ON
CHASING TOYS AND POUNCE	KICKING BACK TO THE SURFACE
WIBBLE WOBBLE	SWIM TO HOLD ON AT WALL
TWO FAT SAUSAGES - MAT WORK	POUNCING ON WOGGLES
ARM SUPPORT	123 SWIM TO WOGGLES
IM A LITTLE PANCAKE FLIP FRONT TO BACK	MAT MMM
SWIMMING UNDER TUNNEL FRONT AND BACK	123 SWIM TO MAT
WATERFALL SWIM	CLIMBING ONTO MAT/POOLSIDE
LITTLE HARBOUR ROW ROW	
DIVING FROM WALL	
COLLECTING TOYS JUST UNDER THE SURFACE	
TIGER ARMS	
3 IN A BED ROTATION	
RUN RUN ON THE MAT AND JUMP	
123 SWIMS	
LITTLE HARBOUR	
REVERSE KICKING	
KICK LEGS POOLSIDE TO SPLASH	
WOGGLE HORSEY HORSEY	
WOGGLE SWIMS	
SLEEPY TIGERS	
WOGGLE ROUND THE BACK	

THINGS TO INCLUDE/SONGS	SAFETY
HORSEY HORSEY TODDLER ON BACK - INTO SWIM	
WHEELS ON THE BUS	
5 LITTLE SPECKLED FROGS - FROGGY ARMS	
BACK PACKS	
WOGGLES AND FLOATS	
FACES IN THE WATER	
RIDING BICYCLES	
TORPEDOS	
LEAVE THE WALL	
DOLPHIN NOSES	
MIRROR WORK - BACK FLOATING	
FISHIES IN THE WATER JUMPING	
THE GRAND OLD DUKE OF YORK	
5 LITTLE DUCKS	
I HEAR THUNDER	
12345 ONCE I CAUGHT A FISH ALIVE	
SLEEPING BUNNIES	
IF YOU'RE HAPPY AND YOU KNOW IT	
PIRATE SONG	
INCY WINCY SPIDER	
3 LITTLE MEN IN A FLYING SAUCER - MAT	
TEDDY BEAR TEDDY BEAR TURN AROUND	
DINGLE DANGLE SCARECROW	
BEAKERS	