

If the answers are yes to all of these and have done the criteria then they should be up a level.

**Stanley 1-4 is all on woggles unless the criteria says to do without, so anyone paddling/ swimming without floats should be Stanley 5 upwards.**

### Stanley 1

- Can they travel about on a woggle without holding hands (upright)
- Are they happy if they accidentally get splashed (no tears)
- Can they climb in and out safely with support
- Can they follow a basic instruction and complete a basic activity, for example: push a ball, hold the side, catch a toy and take it to the wall..
- Do they manage the whole lesson without crying

### Stanley 2

- Can they blow bubbles
- Can they climb in and out with a bit of help
- Can they kick front and back slightly flatter but not completely flat yet
- Can they safely use the bar/side to hold on
- Can they comfortably move about in the pool without help and start/stop their swims at the wall safely
- Are they happy in the water and able to join in a game

### Stanley 3

- Can they swim with a woggle on their front in a flat position
- Can they swim on their back with a woggle flatter and with a less splashy leg kick
- Can they fully put their face in to blow bubbles
- Can they jump in with help and not get upset/cry if the water goes in their face
- Can they use arms and legs to paddle on a woggle confidently

### Stanley 4

- Can they push and glide with their woggles front and back and stay still (glide) a short distance
- Can they submerge fully under the water without crying/tears before/after
- Can they climb in/out without any help from the teacher
- When supported under the arms (with permission) can they paddle well and hold on to the side without tensing up
- Can they use 2 floats instead of a woggle safely and keep kicking in a flat body position

### Stanley 5

- Can they paddle 2m without floats/woggles face in (paddle arms not FC arms)
- Can they try to paddle on their backs/paddle a short distance without floats - may not look flat and use a basic sculling arm motion
- Can they jump in without help, turn and get back to the wall safely a short distance
- Can they do a basic BRS leg kick with a woggle (showing a the basic BEND STAR SNAP shape only)
- Can they float unaided front and back and stand up in shallow water

## **Stanley 6**

- Can they swim 5m (basic FC arms) - no breath needed to be shown
- Can they swim 5m on their backs (basic BC arms)
- Can they swim in deeper water with support to get back to the wall
- Can they jump in out of depth water and swim to the surface
- Can they float unaided front and back and swim back safely to the wall

## **Stanley 7**

- Can they swim 10m FC with a basic head turn/attempt at it once will do - head up breathing the rest is fine!
- Can they swim 10m BC with arms
- Can they do both of these in out of standing depth water or swim towards the deeper water without panicking
- Can they jump in the deep end safely without support